

WEEK 1

PRIMARY

SCHOOL

MENU

MOSS HALL FEDERATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Pasta Bolognese (GL)

Chicken & Pineapple Pizza (GL-MI)

Roast Chicken with Potatoes & Gravy (CE-SU)

Chicken Curry with Rice

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN

Choice

Mac & Cheese (GL-MI-MU)

Margherita Pizza (GL-MI)

Vegetable Hot Pot with Potatoes (GL-CE-SU)

Vegetable Curry with Rice

Cheese & Tomato Tortilla Stack with Chips (GL-MI)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT

Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Ice Cream (MI) or Fresh Fruit

Sprinkle Cake (GL) or Fresh Fruit

Sliced Fruit Wedges



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY

CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI / MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE SOYA - SO / SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



1ST JAN - 22ND JAN - 12TH FEB - 4TH MAR - 25TH MAR - 15TH APR - 6TH MAY - 27TH MAY - 17TH JUN - 8TH JUL - 29TH JUL

MOSS HALL FEDERATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Chilli with Rice (GL)

Chicken & Sweetcorn Pizza (GL-MI)

Roast Turkey with Potatoes & Gravy (CE-SU)

Chicken Pie (GL-CE-SU)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN

Choice

Vegetable & Bean Chilli with Rice

Margherita Pizza (GL-MI)

Vegetable & Potato Pie with Gravy (CE-SU)

Vegetable Pie (GL-CE-SU)

Vegetable Omelette with Chips & Tomato Sauce (EG-MI)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Salmon (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT

Ice Cream (MI) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Oaty Cookie (GL) or Fresh Fruit

Fresh Fruit

Sliced Fruit Wedges



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



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MEAT

Choice

Sweet Potato Topped Cottage Pie (GL-CE-SU)

Chicken & Mixed Pepper Pizza (GL-MI)

Roast Chicken with Potatoes & Gravy (CE-SU)

Beef Lasagne (GL-MI-EG)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN

Choice

Sweet Potato Topped Vegetable Cottage Pie (GL-CE-SU)

Margherita Pizza (GL-MI)

Vegetable Parcel with Gravy (GL-CE-SU)

Veggie Lasagne (GL-MI-EG)

Falafel with Chips & Tomato Sauce (GL)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT

Ice Cream (MI) or Fresh Fruit

Fresh Fruit

Banana Cake (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Sliced Fruit Wedges



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SALAD BAR AVAILABLE EVERY DAY

