



## Moss Hall Federation PSHE Curriculum Overview

Core themes	Health and Wellbeing	Relationships	Living in the Wider World
	RSE and Puberty		
	Drug, alcohol and tobacco education		

	Au1	Au2	Sp1	Sp2	Su1	Su2
British Value	Recap	Democracy	Respect	Tolerance	Rule of Law	Individual Liberty
EYFS	<b>Emotional Development:</b> Recognising feelings and considering the feelings of others; Focus & following instructions  <b>Health &amp; Wellbeing:</b> Managing basic needs independently; Personal space  <b>Relationships:</b> Seeking adult support; Playing with others constructively	<b>Emotional Development:</b> Linking feelings with behaviour; Building confidence  <b>Health &amp; Wellbeing:</b> Following rules; Personal space  <b>Relationships:</b> Identifying safe adults; Building constructive and respectful relationships.	<b>Emotional Development:</b> Focus & following instructions  <b>Health and Wellbeing:</b> Building resilience; Managing needs independently  <b>Relationships:</b> Turn taking and group work	<b>Emotional Development:</b> Managing feelings and considering others' feelings  <b>Health and Wellbeing:</b> Healthy eating; Personal space  <b>Relationships:</b> Listening to others; Finding solutions to disagreements	<b>Emotional Development:</b> Managing feelings and considering others' feelings  <b>Health and Wellbeing:</b> Managing basic needs independently  <b>Relationships:</b> Building relationships with other adults in school	<b>Emotional Development:</b> Focus and independent learning behaviours; Transition to KS1  <b>Health and Wellbeing:</b> Resilience & positivity; Personal space  <b>Relationships:</b> Listening to others; Finding solutions to disagreements; Securing friendships
Year 1	<b>Relationships</b> <i>Who is special to us?</i>	<b>Relationships</b> <i>What is the same and different about us?</i>	<b>Living in the Wider World</b> <i>What can we do with money?</i>	<b>Health and Wellbeing</b> <i>What helps us stay healthy?</i>	<b>Living in the Wider World:</b> <i>How can we look after each other and the world?</i>	<b>Health and Wellbeing</b> <i>Who helps to keep us safe?</i>
Year 2	<b>Relationships</b> <i>What makes a good friend?</i>	<b>Relationships</b> <i>What is bullying?</i>	<b>Health and Wellbeing</b> <i>What helps us to stay safe?</i>	<b>Health and Wellbeing</b> <i>How do we recognise our feelings?</i>	<b>Health and Wellbeing</b> <i>What can help us grow and stay healthy?</i>	<b>Living in the Wider World</b> <i>What jobs do people do?</i>
Year 3	<b>Relationships</b> <i>How can we be a good friend?</i>	<b>Health and Wellbeing</b> <i>Why should we keep active and sleep well?</i>	<b>Health and Wellbeing</b> <i>What keeps us safe?</i>	<b>Living in the Wider World</b> <i>What makes a community?</i>	<b>Relationships</b> <i>What are families like?</i>	<b>Health and Wellbeing</b> <i>Why should we eat well and look after our teeth?</i>
Year 4	<b>Relationships</b> <i>How do we treat each other with respect?</i>	<b>Health and Wellbeing</b> <i>How can we manage risk in different places?</i>	<b>Health and Wellbeing</b> <i>What strengths, skills and interests do we have?</i>	<b>Health and Wellbeing</b> <i>How can we manage our feelings?</i>	<b>Health and Wellbeing</b> <i>How will we grow and change? How can we look after ourselves as this happens?</i>	<b>Living in the Wider World</b> <i>How can our choices make a difference to others and the environment?</i>
Year 5	<b>Relationships</b> <i>How can friends communicate safely?</i>	<b>Health and Wellbeing</b> <i>What makes up a person's identity?</i>	<b>Health and Wellbeing</b> <i>How can we help in an accident or emergency?</i>	<b>Living in the Wider World</b> <i>What jobs would we like?</i>	<b>Living in the Wider World</b> <i>What decisions can people make with money?</i>	<b>Health and Wellbeing</b> <i>How can drugs common to everyday life affect health?</i>
Year 6	<b>Health and Wellbeing</b> <i>How can we keep healthy as we grow?</i>		<b>Living in the Wider World</b> <i>How can the media influence people?</i>		<b>Health and Wellbeing</b> <i>Resilience &amp; wellbeing strategies</i>	<b>Relationships</b> <i>What will change as we become more independent? How do friendships change as we grow?</i>