



My Curriculum Map

2024/2025

	TERM 1		TERM 2		TERM 3	
Reception	Fundamentals : Unit 1	Fundamentals : Unit 2	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Ball Skills : Unit 1	Ball Skills : Unit 2
Year 1	Fundamentals Ball Skills	Dance Swimming: Beginners	Sending and Receiving Gymnastics	Swimming: Beginners Striking and Fielding Games	Athletics Yoga	Swimming: Beginners Target Games
Year 2	Yoga Team Building	Gymnastics Swimming: Beginners	Dance Ball Skills	Striking and Fielding Games Swimming: Beginners	Invasion Games Net and Wall Games	Athletics Swimming: Beginners
Year 3	Football Gymnastics	Hockey Swimming	Netball Dance	Athletics Swimming	Tennis Yoga	Rounders Swimming
Year 4	Tag Rugby Dance	Basketball Swimming	Handball Gymnastics	Athletics Swimming	Tennis Dodgeball	Cricket Swimming
Year 5	Football Gymnastics	Hockey Swimming	Netball Dance	Athletics Swimming	Volleyball Y5/6 Yoga	Rounders Swimming
Year 6	Tag Rugby Dodgeball	Basketball Swimming	Handball Gymnastics	Athletics Swimming	Volleyball Y5/6 Dance	Cricket Swimming