

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN

TOMATO & BASIL
PASTA
(G/W)SWEET & SOUR
BUTTERNUT SQUASH &
VEGETABLES
(CE)LENTIL & SPINACH
STRUDEL WITH
TOMATO SAUCE
(CE, G/B*, W)BUTTERNUT SQUASH &
SPINACH TARKHA DAHL
(CE, G/B*, O*, R*, W*)ROASTED VEGETABLE
FILO PARCEL
(G/W)

SIDES

GREEN SALAD
SSTEAMED RICE &
GREEN SALAD
SRUSTIC ROAST POTATOES
WITH ROAST CARROTS &
PARSNIPS
SSTEAMED RICE &
CABBAGEBEANS OR
PEAS
S

PUD



FRUIT JELLY

FRUIT JELLY

FRESH FRUIT

CHEF'S ALLERGY
FREE CAKE

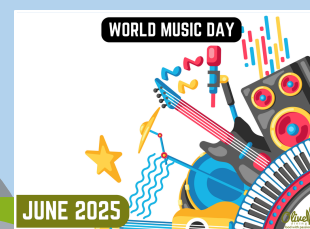
ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

DATES

21ST APRIL / 12TH MAY / 9TH
JUNE / 30TH JUNE / 21ST
JULY

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGSF = FISH
G = GLUTEN
G/B = BARLEYG/O = OATS
G/R = RYE
G/W = WHEATL = LUPIN
MK = MILK
MO = MOLLUSCSMU = MUSTARD
N = NUTS
P = PEANUTSSO = SOYA
SU = SULPHUR
SE = SESAME SEEDS* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN

DF MARGHERITA
PIZZA
(G/W)VEGETABLE & MIXED
BEAN CHILLI CON
CARNEVEGETABLE &
LENTIL BOLOGNESE
WITH SPAGHETTI
(G/B*, W)CHERRY TOMATO &
SPINACH PASTA
(CE, G/W)VEGAN NUGGETS
AND CHIPS
(G/W)

SIDES

HOMEMADE POTATO
WEDGES & GREEN
SALAD
SSTEAMED RICE WITH
SWEETCORN &
BROCCOLI
SRUSTIC ROAST POTATOES
WITH ROAST CARROTS &
PARSNIPS
SPEAS & CARROTS
SBEANS OR
PEAS
S

PUD



FRUIT JELLY

HONEY & RAISIN
FLAPJACK
(G/B*, O, W*)

FRESH FRUIT

CHEF'S ALLERGY FREE
CAKE

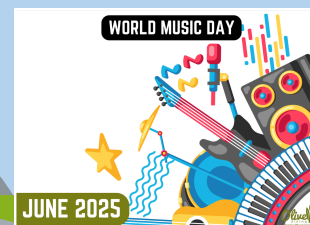
ICED FRUIT LOLLY

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

DATES

28TH APRIL / 19TH MAY /
16TH JUNE / 7TH JULY

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGSF = FISH
G = GLUTEN
G/B = BARLEYG/O = OATS
G/R = RYE
G/W = WHEATL = LUPIN
MK = MILK
MO = MOLLUSCSMU = MUSTARD
N = NUTS
P = PEANUTSSO = SOYA
SU = SULPHUR
SE = SESAME SEEDS* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN

VEGETABLE & BEAN
FAJITA
(CE, MU, G/B*, O*, R*,
W)VEGETABLE
BURGER
(SE*, G/W)LENTIL & SPINACH
STRUDEL WITH
TOMATO SAUCE
(CE, G/B*, W)CHERRY TOMATO &
SPINACH PASTA
(CE, G/W)VEGAN NUGGETS AND
CHIPS
(G/W)

SIDES

SPICY RICE & GREEN
SALAD

S

HOMEMADE POTATO
WEDGES, BAKED BEANS
& GREEN SALAD

S

RUSTIC ROAST
POTATOES WITH ROAST
PARSNIPS & CARROTS

S

BROCCOLI &
SWEETCORN

S

BEANS OR
PEAS

S

PUD



FRUIT JELLY

FRUIT JELLY

FRESH FRUIT

VANILLA SHORTBREAD
(G/W)

FRUIT JELLY

JACKET POTATO | DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT | SELECTION OF COLD DESSERT POTS

DATES

6TH MAY / 2ND JUNE / 23RD
JUNE / 14TH JULY

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGSF = FISH
G = GLUTEN
G/B = BARLEYG/O = OATS
G/R = RYE
G/W = WHEATL = LUPIN
MK = MILK
MO = MOLLUSCSMU = MUSTARD
N = NUTS
P = PEANUTSSO = SOYA
SU = SULPHUR
SE = SESAME SEEDS* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG