

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3


MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
THEME DAYS
MAIN


**DF Veggie Supreme
Pizza
(G/W)**

**Jacket Potato with
Baked Beans & DF
Cheese**

**Roasted Root Vegetable Pie
with Gravy**

**Allergy Free Vegetable
Curry**

**Vegan Nuggets & Chips
(G/W)**

SIDES


**Homemade Potato
Wedges & Green
Salad**

Green Salad

**Boiled Potatoes, Roasted
Carrots & Parsnips**

S

**Steamed Rice &
Green Beans**

Beans or Peas

**PASTA &
JACKET**


**Vegan Roasted
Vegetable Pasta
(G/W)**

Jacket Potato & Salad

**Tomato & Basil
Pasta
(CE, G/W)**

Jacket Potato & Salad

**DF Mac & Cheese
(G/W)**

PUD


Fruit Jelly

**Chef's Allergen Free
Cake**

**Apple Crumble
(G/W)**

Fresh Fruit

**Cinnamon Swirl
(G/W)**

Daily Salad Bar| Fresh Fruit


DATES

**1 SEP / 22 SEP / 13 OCT / 10
NOV / 1 DEC**

ALLERGENS

**CE = CELERY
CR = CRUSTACEAN
E = EGGS**

**F = FISH
G = GLUTEN
G/B = BARLEY**

**G/O = OATS
G/R = RYE
G/W = WHEAT**

**L = LUPIN
MK = MILK
MO = MOLLUSCS**

**MU = MUSTARD
N = NUTS
P = PEANUTS**

**SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS**

*** = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG**

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Stir Fried Vegetables

Vegetable Burger
(SE*, G/W)

Roasted Vegetable Cottage
Pie

DF Mac & Cheese
(G/W)

DF Cheese & Tomato
Pizza
(G/W)

SIDES



Steamed Rice & Stir
Fried Greens

Homemade Potato Wedges
with Baked Beans or Green
Salad

Rustic Roast Potatoes with
Roasted Carrots & Parsnips

S

Mixed Green Salad

Beans or Peas

PASTA & JACKET



Vegan Roasted
Vegetable Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil
Pasta
(CE, G/W)

Jacket Potato & Salad

DF Mac & Cheese
(G/W)

PUD



Fruit Jelly

Chef's Allergen Free
Cake

Winter Fruit Crumble
(G/B*, O, W)

S

Fresh Fruit

Fruit Jelly

Daily Salad Bar| Fresh Fruit



DATES

8 SEPT / 29 SEPT / 20 OCT /
17 NOV / 8 DEC

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WEEKLY MENU

WEEK 1
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Allergy Free Vegetable
Curry

DF Roasted Squash &
Root Vegetable Pasta
(G/W)

Roasted Root Vegetable Pie
with Gravy

Honey Glazed Quorn with
Homemade Wedges
(SO, G/W)

Vegan Nuggets & Chips
(G/W)

SIDES



Rice & Peas with
Green Beans

Mixed Green Salad

Boiled Potatoes with Roasted
Carrots & Parsnips

S

Carrots & Green Beans

Beans or Peas

PASTA & JACKET



Vegan Roasted
Vegetable Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil
Pasta
(CE, G/W)

Jacket Potato & Salad

DF Mac & Cheese
(G/W)

PUD



Fruit Jelly

Fruit Jelly

Chef's Allergen Free Cake

Fresh Fruit

Vanilla & Raisin
Shortbread Biscuit
(G/W)

Daily Salad Bar| Fresh Fruit



DATES

15 SEPT / 6 OCT / 3 NOV / 24
NOV / 15 DEC

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