

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Stir Fried Chickpeas & Vegetables

Vegetable Burger (SE*, G/W)

Sticky BBQ Quorn & Vegetables Baguettes (MU*, SE*, SO*, G/W)

Butternut Squash & Spinach Tarkha Dahl (CE, G/B*, O*, R*, W*)

Vegan Sausage Roll & Chips (G/W)



SIDES



Steamed Rice & Chef's Salad

Homemade Potato Wedges & Texan BBQ Baked Beans

Spicy Rice & Grilled Corn

Pilau Rice with Beans & Sweetcorn

Beans or Peas



PASTA & JACKET



DF Mac & Cheese (G/O, W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Basil Pasta (G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta (G/W)



PUD



AA Vanilla Cake

Apple Crumble (G/W)

Fresh Fruit

Fruit Jelly

Peaches



Daily Salad Bar| Fresh Fruit

DATES

13 APR / 04 MAY / 01 JUN / 22 JUN / 13 JUL

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

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THEME DAYS

MAIN



**DF Cheese & Tomato
Pizza
(G/O, W)**

**Stir Fried Chickpeas &
Vegetables with
Steamed Rice**

**Tandoori Vegetable Bake
(CE)**

**Jerk Vegetable Burrito
(G/W)**

**Vegan Nuggets & Chips
(G/W)**



SIDES



**Homemade Potato
Wedges &
Sweetcorn**

Stir Fried Greens

Steamed Rice & Chef's Salad

**Tomato Rice & Chef's
Salad
(CE)**

Beans or Peas



**PASTA &
JACKET**



**DF Mac & Cheese
(G/O, W)**

**Jacket Potato with Baked
Beans & DF Cheese**

**Tomato & Basil
Pasta
(G/W)**

**Jacket Potato with Baked
Beans & DF Cheese**

**Vegan Roasted
Vegetable Pasta
(G/W)**



PUD



AA Chocolate Cake

AA Vanilla Cake

Fruit Jelly

AA Lemon Cake

Fruit Jelly



Daily Salad Bar | Fresh Fruit

DATES

**20 APR / 11 MAY / 08
JUN / 29 JUN / 20 JUL**

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MAIN



Baked Cajun Chickpea & Pepper Fajitas
(MU, G/B*, O*, R*, W)

Roasted Vegetable & Lentil Spaghetti Bolognese
(G/B*, W)

Lemon & Herb Quorn Fillet
(G/W)

Vegetable Tikka Kebab with Garlic Naan
(G/B*, O*, R*, W)

Vegan Nuggets & Chips
(G/W)



SIDES



Vegetable & Bean Rice
(CE)

Chef's Salad

Rustic Roast Potatoes & Medley of Seasonal Vegetables

Steamed Rice & Broccoli

Beans or Peas



PASTA & JACKET



DF Mac & Cheese
(G/O, W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Basil Pasta
(G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta
(G/W)



PUD



Fresh Fruit

Summer Berry Crumble
(G/W)

AA Vanilla Cake

AA Lemon Cake

AA Chocolate Cake



Daily Salad Bar | Fresh Fruit

DATES

27 APR / 18 MAY /
15 JUN / 06 JUL

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