#### THE PRIMARY PE & SPORT PREMIUM GRANT AT MOSS HALL JUNIOR SCHOOL 2020-21

#### Vision and aims

The vision for the Primary PE and Sport Premium Grant is to enable all pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The premium is designed to help primary schools achieve self-sustaining improvement in the quality of PE and sport. The focus of spending of the grant must lead to long lasting impact against the vision, which will live on beyond the Primary PE and Sport Premium funding.

This document will provide a detailed review of how Moss Hall Juniors used the grant in the last academic year (2019-20) and an overview of how we plan to spend the grant in this academic year (2020-21)

#### 2020-21 Overview

In light of the current situation regarding the Coronavirus, we have made the decision to focus the majority – around two thirds of the grant - on purchasing new PE equipment.

As we are currently operating in 'Year Group Bubbles', each year group requires their own set of PE equipment for the four classes within the year group, to enable our children to take part in PE lessons as safely as possible. We also need to replace some larger, more costly items of equipment such as football goals, netball posts and basketball hoops.

We are planning to use around a third of the grant to enable all year groups to have regular multi-sport sessions at lunchtimes on our MUGA. This will be ran by the company we have used very successfully for many years and is open to all pupils, free of charge, with the aim of increasing physical activity and improving children's wellbeing and health.

#### 2019-20 Review

In line with the government vision and expectations, the main aims for Moss Hall Junior School in 2019/20 were that we would continue to see improvements against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity (The Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.)

**2.** The profile of PE and sport being raised across the school as a tool for whole school improvement

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport

4. Broader experience of a range of sports and activities offered to all pupils

### 5. Increased participation in competitive sport

(Please see below for a detailed breakdown of how we have spent / are planning to spend the grant this year in order to achieve these aims and to see data on swimming at MHJS)

### Impact

- Clearly, this year has been greatly impacted by Covid-19 and the partial closure of schools from March onwards. Despite this however, there are still many successes to celebrate at MHJS this year with PE and how we have used the grant, which will be detailed below
- Our plan this academic year was to focus the main percentage of our PE Grant on the following key indicators:
- 3 'Increased confidence, knowledge and skills of all staff in teaching PE and sport'
- 4 'Broader experience of a range of sports and activities offered to all pupils'
- 5 'Increased participation in competitive sport,'

## Key Indicator 1 - The engagement of all pupils in regular physical activity

- We were pleased once again to be at full capacity in terms of the extra-curricular clubs that we are able to offer to our pupils, (see attached club list for the full list of extra-curricular activities at MHJS in 2019-20) including a variety of clubs running before school, during the school day and after school. This meant that many pupils were able to participate in regular physical activity, in addition to the 2.5 hours of PE that we provided through our PE curriculum weekly
- We believe that by being able to offer such a wide variety of additional physically active opportunities, leading to our pupils having healthier lifestyles, that it would also increase their enjoyment of PE and sport in general and will lead to pupils trying new sports that they may wish to continue outside of school. Our science and PSHE lessons also continue to build on the children's knowledge of what is a healthy lifestyle and why physical activity is so important
- We were extremely pleased this year to be able to participate in the Barnet School's Bronze Ambassador scheme for the first time. Three of our Y6 pupils were selected to take part in the scheme, which trained them to deliver and lead physical activities during playtime and lunchtimes, leading to more structured physical activity during these periods and again, helping us to engage even more pupils with regular physical activity
- Unfortunately, due to the school closure, we were unable to carry out our annual pupil survey of PE and Sport at MHJS

# Key Indicator 3 - Increased confidence, knowledge and skills of all staff in teaching PE and sport

- This has been a focus for MHJS in previous years and has been highly successful and we believe is fundamental to ensuring a lasting legacy of high-quality PE teaching through the PE Premium Grant at our school
- This year we continued our partnership with a highly respected PE & Sports coaching company to deliver high quality CPD sessions for teachers & TA's, whilst simultaneously delivering inspirational and enriching PE lessons for the pupils
- We aim to give our children the best learning experience possible at Moss Hall Juniors and we feel that the training staff have received in past years and have received this year, will have a long-lasting impact on the quality of PE lessons and leading to us embedding excellent practices within PE teaching throughout the whole school.
- Before completing a unit of CPD training, we asked all the teachers to complete a questionnaire specific to the topic they would be team-teaching with the PE Specialist. The purpose of this was to gain knowledge of how confident teachers were in the different areas of a PE lesson e.g. demonstrating movements/skills, differentiating activities to cater to needs of all children, assessing how competent children are in a range of skills etc. Once we had this information, we were able to tailor the CPD programme to the needs of each teacher ideally addressing all of the basic components of a PE lesson, as well as the three focuses that are identified by the participant. Throughout the unit, the PE specialists monitored the progress of the teachers, and once we had analysed the post-CPD questionnaire, we could assess the impact the training has had on the staff.
- Overall, the questionnaires showed a trend that indicates improvements across all aspects of the units delivered. For example, teachers in Year 6 showed a 115% increase in their knowledge of what makes a safe and high-quality Floor Gymnastics lesson. From the findings, the biggest area of improvement for most teachers was a 180% increase in their confidence to demonstrate Floor Gymnastics skills for their class.
- In the post-teaching questionnaires one teacher said, "Lessons really stimulated the children and we saw lots of progression over 7 weeks. Briefings pre lesson really helped us to learn moves and understand expectations." Other teachers said, "Having a meeting with the instructor on the day of the lesson was very useful." "I have become confident in all areas."

# <u>Key Indicator 5 - Increased participation in competitive sport</u> <u>Key Indicator 4 - Broader experience of a range of sports and activities offered to pupils</u>

- Despite the impact of Covid-19, 2019-20 saw the school take part in more competitive sporting events than ever before and for the first time ever, we entered teams into SEND events!
- We directed a proportion of our grant this year, to focus specifically on training and coaching groups of pupils in order to take part in inter-school events. We continued our highly successful coaching partnership with a company who we have worked with for a number of years and their coaches worked every lunchtime on our MUGA and Sports field to train our student athletes and lead many of our sports clubs, again, enabling us to take part in more events than ever before

- We have taken part in a wide variety of school sporting events held by the Barnet Partnership 4 School Sport, including:
- Boccia
- Cross-Country
- Tag Rugby
- Swimming Gala
- Sports-hall Indoor Athletics
- Cheerleading
- Primary Panathlon
- 6-a-side football
- 7-a-side football
- Netball
- SEND Inclusion Festival
- Hockey
- Dance.
- We would like to continue to build on our personal and team successes at these events and we are striving to offer even more competitive sporting opportunities in the future both through inter and intra competition, for example, this year we successfully held our own intra-school cross country event and intra-school swimming gala.
- In the Autumn term, we used some of the PE grant on transportation to attend the interschool events, as without this, our pupils would not have been able to take part in as many events as we did.

# We have used our PE & Sports Premium to improve the quality of PE, physical activity and sport provision in the following ways:

**RECORD OF PE PREMIUM GRANT SPENDING BY ITEM/PROJECT 2019-20** 

Item/project	Year Group/s	Cost	Objective	Outcome & Sustainability
Coaching specialists to run lunchtime sports clubs	Y3-Y6	£4700.00	The engagement of pupils in regular physical activity	Increased pupil participation in physical activity
			Increase participation in competitive sport	Increased pupil participation in competitive sports
			Broader experience of a range of sports and activities offered to pupils	Greater variety of sporting events attended
			Pupils to take up new sports outside school	Greater depth pupils given the opportunity to increase challenge and skills
			Increase enjoyment of sport and physical activity	

Upskilling teachers & TA's through working with specialist PE coaches	Y3-Y6	£8033.96	Increased confidence, knowledge and skills of all staff in teaching PE and sport To improve the quality of teaching and learning of PE across the school. To raise standards in PE and to have a long term effect on the quality of PE teaching at MHJ To increase physical activity at MHJ	Specialist coaches working with all new teachers & TA's at MHJ during this academic year Upskilling of teachers through team-teaching, observation, planning and monitoring. Sustained high quality delivery of the PE curriculum and ensuring excellent practice in PE is embedded throughout the school Increased development of higher level sporting skills, using knowledge of games to play
Equipment to improve	Y3 - Y6	£1509.44	To target identified gifted and talented pupils across Y3-Y6 To improve teaching and	more strategically. The skills teachers learn and improve upon will remain with them through any further PE teaching Excellent practice within the teaching of PE will become the norm at MHJ Increased % lessons observed
PE curriculum delivery and playtime provision			learning across the school. To improve levels of engagement in playtimes.	<ul> <li>would be good or outstanding.</li> <li>Increased % of children who are actively involved in sports activities across a week (playtimes and PE lessons).</li> <li>Increase % of children using equipment correctly.</li> <li>PE equipment to be checked regularly, audited once a year and a rolling program of replacement equipment to be created</li> </ul>
Specialist sports coaches to run dance club	YR3-YR6	£455.00	To improve children's skills in dance To enable greater participation in school sport	Increased development of higher level sporting skills, using knowledge of games to play more strategically. Pupils able to participate in dance festival

Sports & physical	Y3 - Y6	Contribution	To promote health and	Increase participation in during
activity clubs		by parents	fitness	and after school clubs.
				Increased Physical Activity across the school
				Increased participation in sporting events
				Clubs to continue on a half termly basis. See website for further details of clubs on offer
Staff / Subject leader	Whole	£ 1300	Training with BPSS	Development of PE Subject
CPD & Participation in Barnet School Sport	school		Liaising with PE	Leader role
Competitions			coordinators	Increased participation in during and after school clubs.
(Barnet Partnership Schools and Sport)				School to take part in a wide variety of sporting competitions
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Transport to Barnet Schools Competitions	Y3 – Y6	£981.66	To enable participation in school sports events	Increased development of higher level sporting skills, using knowledge of athletic skills to take part in competition. Pupils able to participate in athletics competition
Planned expenditure				
Summer Term – PE Equipment to improve PE curriculum delivery and playtime provision	Y3 – Y6	£5,000.00 approx.	To enable PE to be taught safely amidst the Coronavirus pandemic To improve teaching and learning across the school. To improve levels of engagement in playtimes.	Increased % lessons observed would be good or outstanding. Increased % of children who are actively involved in sports activities across a week (playtimes and PE lessons). Increase % of children using equipment correctly. PE equipment to be checked regularly, audited once a year and a rolling program of replacement equipment to be created
I	£15,680.91			
	£20.740.00			

# Swimming Data for Moss Hall Junior School – 2019-20

Meeting national curriculum requirements for swimming and water safety	
What percentage of your Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	85%
What percentage of your Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	80%
What percentage of your Year 6 cohort perform safe self-rescue in different water-based situations?	100%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes