

29th Aug – 19th Sep – 10th Oct – 31st Oct – 21st Nov – 12th Dec – 2nd Jan – 23rd Jan – 13th Feb

WEEK 1

PRIMARY SCHOOL

MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT <i>Choice</i>	Chicken Meatball Pasta (GL-SO-SU)	Chicken Sausage & Mashed Potatoes (GL-SU)	Roast Turkey with Roast New Potatoes & Gravy (SU)	Chicken Wrap with Rainbow Rice (GL)	Fish Fingers with Potato Wedges & Pantry Ketchup (GL-FI)
VEGETARIAN <i>Choice</i>	Vegan Cheese & Bean Quesadilla (GL-VE)	Macaroni Cheese (GL-MU-MI)	Vegetable Wellington with Roast New Potatoes (GL-SU-VE)	Margherita Pizza with Pasta Salad (GL-MI-SU)	Veggie Nuggets with Potato Wedges & Pantry Ketchup (GL-VE)
JACKET <i>Potato</i>	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)
VEGETABLES	Sweetcorn & Peas	Green Beans & Carrots	Carrots & Broccoli	Green Beans & Cauliflower	Peas & Sweetcorn
SANDWICH	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)
DESSERT	Fruit Yoghurt (MI)	Courgette & Lime Cake (GL-EG)	Fruit Jelly (VE)	Blackberry & Apple Crumble with Custard (GL-MI)	Fresh Fruit (VE)



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ALLERGY KEY
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG
 FISH - FI / LUPIN - LU / MILK - MI / MUSTARD MU
 NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO
 SULPHUR - SU / MOLLUSCS - MO

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.



BREAD CONTAINS - GL - MI - EG - SO

5th Sep - 26th Sep - 17th Oct - 7th Nov - 28th Nov - 19th Dec - 9th Jan - 30th Jan

WEEK 2

PRIMARY SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT <i>Choice</i>	Homemade Beef Pasta Bolognese (GL)	Chicken Pizza with Rainbow Rice (GL-MI)	Roast Turkey with Skin on Roast Potatoes & Gravy (SU)	Mild Creamy Butter Chicken with Rice (MI-SU)	Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)
VEGETARIAN <i>Choice</i>	Very Veggie Curry with Rice (GL-VE)	Vegetable Bean Burger with Baby Potatoes (GL-SE-VE)	Quorn Sausage with Skin on Roast Potatoes & Gravy (GL-EG-MI)	Tomato & Vegetable Pasta (GL-VE)	Spanish Omelette with Chips & Pantry Ketchup (EG-MI)
JACKET <i>Potato</i>	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)	Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)	Jacket Potato with Beans or Cheese (MI)
VEGETABLES	Carrots & Green Beans	Broccoli & Peas	Carrots & Broccoli	Peas & Cauliflower	Peas & Sweetcorn
SANDWICH	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)	Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)
DESSERT	Fruit Yoghurt (MI)	Chocolate & Banana Cake (GL-MI-EG)	Oaty Cookie (GL-VE)	Ice Cream (MI)	Fresh Fruit



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12th Sep – 3rd Oct – 24th Oct – 14th Nov – 5th Dec – 26th Dec – 16th Jan – 6th Feb

WEEK 3

PRIMARY SCHOOL

MENU

MEAT Choice

MONDAY

Beef Burger with Baby Potatoes (GL-SO-SU-SE)

TUESDAY

Flaked Salmon Fillet with Broccoli Rice (FI)

WEDNESDAY

Roast Chicken with Roasted New Potatoes & Gravy

THURSDAY

Chicken & Melted Cheese Pizza Baguette (GL-MI-SO)

FRIDAY

Battered Fish Fillet with Chips & Pantry Ketchup (GL-FI)

VEGETARIAN Choice

Tomato & Cheese Pasta Bake (GL-MI-VE)

Margherita Pizza with Pasta Salad (GL-MI-SU)

Vegetable & Potato Topped Pie & Gravy (GL-SU-VE)

Coconut & Chickpea Curry with Rice (SU-VE)

Veggie Nuggets with Chips & Pantry Ketchup (GL-VE)

JACKET Potato

Jacket Potato with Beans or Cheese (MI)

Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)

Jacket Potato with Beans or Cheese (MI)

Jacket Potato with Beans or Tuna Mayonnaise (FI-EG)

Jacket Potato with Beans or Cheese (MI)

VEGETABLES

Carrots & Green Beans

Cauliflower & Peas

Carrots & Broccoli

Peas & Cauliflower

Peas & Sweetcorn

SANDWICH

Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

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Egg, Cheese or Tuna (GL-SE-SO-MI-FI-EG)

DESSERT

Fruit Yoghurt (MI)

Lemon Drizzle Cake (GL-EG)

Fruit Jelly

Winter Berry Eton Mess (EG-MI)

Fresh Fruit



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